

Pre-Surgical Instructions for Periodontal & Implant Surgery

Babak Noohi, DDS, MS, PLLC

CAPITOL HILL DENTISTRY

Please follow these instructions as directed.

Please bring with you the names of any prescription or over the counter medications you may be taking.

Please Do Not stop taking any medications like Coumadin, Aspirin, or Plavix. You must call me to discuss prior to your surgery. If necessary an appropriate blood test will be prescribed for you prior to surgery.

Minimization of Swelling after surgery

Prior to your appointment, please fill your prescriptions!

"Ibuprofen (Advil/Motrin) 800 mg by mouth every 8 hours for pain as needed"

- This is will be used for pain control after surgery
- To prevent swelling after the surgery, take ONE PILL of Ibuprofen (Motrin) 800 mg by mouth 30-60 minutes before your appointment time
- Keep the rest of the pills for use after the surgery (take one tablet every eight hours, not exceeding three tablets per day).

Prevention of Infection after surgery

Having antibiotics in your system at the start of the procedure is the most effective way to prevent infection (even more effective than taking the antibiotics after surgery).

Prior to your appointment, please fill your prescription for: ONE of the antibiotics below;

- **IF YOU ARE NOT ALLERGIC TO PENICILLIN TAKE AMOXICILLIN as directed below.**
"Amoxicillin 500mg": take two capsules (1 g) 1 hour ***before*** your appointment for surgery followed by one capsule (500 mg) 6 h later. Continue the antibiotics by taking one capsule every 8 hours until finished.
- **IF YOU ARE ALLERGIC TO PENICILLIN YOU MUST TAKE CLINDAMYCIN as directed below.**
"Clindamycin 600mg": take two capsule of Clindamycin 300mg (or 4 capsules of 150mg capsules) by mouth one hour before your appointment time and continue taking them one capsule every 8 hours until finished. (If clindamycin gives you severe upset stomach, stop the medication and call me for a replacement).
- **PERIDEX ORAL RINSE (Chlorhexidine 0.12%)**: rinse (1/2 oz.) your mouth for 30 seconds twice a day (every 12 hours) for the next two weeks. It may stain your teeth, but it will come off at your cleaning visit.

Summary:

To reduce swelling after the surgery, and decrease your chances of infection, one hour before your appointment, take:

- ONE PILL of Motrin 800mg by mouth
- TWO PILLS of the prescribed Antibiotic (EITHER Amoxicillin 500mg OR Clindamycin 300mg)

Call me should you have any questions or concerns

Looking forward to meeting you and taking care of you.

Office Number: (202) 484 5686

Sincerely,

Babak Noohi, DDS, MS
Prosthodontist

